

Management Time: Who's Got the Monkey?

Trainer's Guide

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This presentation is based on the article published in an issue of Harvard Business Review written by William Oncken and Donald L. Wass. This article throws light on the situation where a manager is struggling for time in the organization.

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Introduction

Welcome to the Trainers Guide on the Harvard Business Review article *Management Time: Who's Got the Monkey?*

Purpose of this Guide

This trainer's guide has been written in order to assist anyone tasked to present the topic regarding the Harvard Business Review article entitled Management Time: Who's Got the Monkey? A trainer's guide basically puts together in textual form all the information needed by trainers to puton a training session. The guide provides comprehensive session plans and also offers illustrations for an enriching learning process.

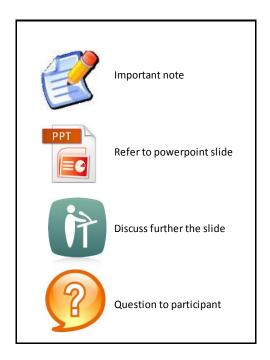
How to Use this Guide

This section contains numbered steps that indicate what to do or say when at a given point. Facilitate the program by following the sections in the order in which they appear. Other conventions, explained below, help guide you through facilitating this program.

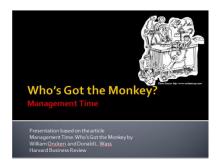
This trainer guide provides the following conventions to help you facilitate the program.

Convention	Example
Steps. What the facilitator does is numbered and in bold.	1. Have participants share their responses
Facilitator statements and questions. What	THE BENCHMARK MEASURES HOW YOU
the facilitator says or asks is in a distinct font	SEE YOURSELF
Notes. Special notes, such as important considerations and warnings, are in italics.	Avoid Stereotyping

Application Icons. These are miniature visual representations of an activity, facilitator action, or instruction that appear in the left margin of the facilitator pages.



PowerPoint slide thumbnails. These are reduced replications of slides. They are numbered to help you keep them in proper sequence.



Preparation

The trainer should have read the main reference material of this topic which is the Harvard Business Review article entitled "Management Time: Who's Got the Monkey?" as well as other reference materials available.

TRAINING OUTLINE

Learning Objectives

Following and effectively facilitating this training session, the participants will be able to:

- Identify and distinguish the different kinds of management time
- Understand the dynamics and what to do with the "monkeys" in order to have more discretionary time as a manager.

Time: 20 minutes

Methodology: Lecture

Large group discussion

Materials: PowerPoint presentation entitled "Who's Got the Monkey?"

Executive Summary

Many managers feel overwhelmed. They have too many problems--too many monkeys-on their backs. All too often, they say, they find themselves running out of time while their
subordinates are running out of work. Such is the common phenomenon described by the late
William Oncken, Jr., and Donald L. Wass in this 1974 HBR classic. They tell the engaging story
of an overburdened manager who has unwittingly taken on all of his subordinates' problems. If,
for example, an employee has a problem and the manager says, "Let me think about that and get
back to you," the monkey has just leaped from the subordinate's back to the manager's.

This article describes how the manager can delegate effectively to keep most monkeys on the subordinate's back. It offers suggestions on the care and feeding of monkeys and on how managers can transfer initiative.

LESSON BLUEPRINT



Note: Greet the participants and give them an overview about the topic that you will be discussing. If this is your first time to meet the group, introduce yourself and eventually ask them to introduce themselves as well to lighten up the environment inside the training hall. You can also start the training with an opening prayer.

1. Display PowerPoint Slide number 2, "Who's Got the Monkey?"







State:

There is a proverb about time which says that killing time is not a murder; it is a suicide. It simply means that by wasting time, one is not only harming others but on the other hand it is more harming oneself.

This presentation is based on the article published in an issue of Harvard Business Review by William Oncken and Donald L. Wass. This article throws light on the situation where a manager is struggling for time in the organization.

2. Display PowerPoint Slide number 2, "Three Different Kinds of Time"







State:

A manager's time in the organization is required by his boss, peers and his subordinates.

There are three different kinds of time a manager usually uses in the workplace:

The **boss imposed time** involves activities which a manager cannot disregard because any failure in this area will lead to penalty.

System-imposed time - Can be neglected, but there will be consequences

Self-imposed time - Your free time! The self-imposed time involves the time a manger gives to his subordinates and himself.

3. Display PowerPoint Slide number 3, "Distribution of Self-Imposed Time"





State:

However, Self-imposed time is taken up by two entities which are the peers/subordinates - "Peer / Subordinate-imposed time" and the remainder of this free time called the - "Discretionary time."



As it is clear from the diagram that the distribution of time is much skewed. There is an uneven proportion of time taken by subordinates and there is very less or virtually no time for the manager himself to tackle his own problems.

As the manager allocates more of his self-time to subordinates a situation comes when the manager is running out of time and the subordinates are running out of work, that is to say they are transferring the monkeys (problem) from their back on to the managers

	back. To illustrate such instances
PPT	4. Display PowerPoint Slide number 4, "Where is the Monkey?" Where is the Monkey? Illustration: • A peer/subordinate approaches you with a problem • You know enough to get involved, but not enough to resolve the problem on the spot. Your response: "Let me think about it and I'll let you know" The result: Your peer 's 'subordinate's monkey jumps on your back. Congranulations! You have adopted a new pet!
	State: A peer/subordinate approaches you with a problem. You know enough to get involved, but not enough to resolve the problem on the spot.
W	Your response: "Let me think about it and I'll let you know" The result: Your peer's/subordinate's monkey jumps on your back. Congratulations! You have adopted a new pet!
?	Ask: What are the consequences of having monkeys as pets?
	State: Monkeys are "problems" that eat up the discretionary time. They pose serious implications such as: Screaming monkeys on your back require constant care and feeding. Responsibility of feeding/care diverts attention from boss-time and system-time Accumulating monkeys eats away self-imposed time Creates bottlenecks for other employees who await your decision/help
?	Ask: What should we do to avoid these monkeys then?

5. Display PowerPoint Slide number 5, "Restore the Monkey to its Rightful Owner" Restore the Monkey to its **Rightful Owner** Transfer the initiative Identify the owner Help him feed his monkey State: The answer would be is to restore the monkey to its Rightful owner. The whole game is of **INITIATIVE** that is the manager has to inculcate in his subordinates to take initiative i.e. feed and take care of their monkeys themselves. Because as soon as the manager takes initiative the monkey jumps on his back and his discretionary time flies out of the window Ask: What if you do decide to adopt a Monkey or you are in a situation where it is inevitable to escape the monkey? 6. Display PowerPoint Slide number 6, "Care and feeding of the Monkey" Care and feeding of the Monkey Monkeys should fed by appointment only Monkey's should be fed face to face or by telephone; but never by mail. Every monkey should have an assigned "next feeding time" and "degree of initiative."



Note: For an enriching discussion or lecture, trainer may opt to give examples through his own experiences.

State:

Rule 1 - Monkeys should fed or shot.



Monkeys should be dealt immediately.

Otherwise, they will starve to death and the manager will waste valuable time on post-mortems or attempted resurrections.

If problems are not attended on the spot they will ultimately lead to finding the reasons what went wrong and how to correct them which will cost lot of time

Rule 2 - The monkey population should be kept below the maximum number the manager has time to feed

It should always be below the maximum number for which you have time to feed. The less the number of monkeys will lead to efficiency and effectiveness in handling the monkeys

Rule 3 - Monkeys should fed by appointment only

The manager should not have to be hunt down starving monkeys and feed them on a catch-as-catch can basis.

Each subordinate should meet with appointment only it gives the manger to prepare himself for the scheduled monkey thus reducing his burden and increasing his accuracy in decision making.

Rule 4 - Monkey's should be fed face to face or by telephone; but never by mail.

Documentation may add to the feeding process, but it cannot take the place of feeding.

Monkeys should never be attended by mail because then the next move will be managers which is again welcoming monkeys on owns back.

Rule 5 - Every monkey should have an assigned "next feeding time" and "degree of initiative."

These may be revised at any time by mutual consent, but never allowed to become vague or indefinite. Otherwise,

the monkey will either starve to death or wind up on your back. The next meeting should be scheduled otherwise the feeding time of monkey will be vague and it will starve to death

7. Display PowerPoint Slide number 7, "Ending Notes"



Ending Notes

- Only self imposed time is flexible
- Self imposed time is divided and most of the time is consumed by subordinates if you do not know how
- to handle the monkeys.

 Subordinate time should be minimized by keeping their monkeys on their back

 Develop the art of taking initiative in the subordinates

 Follow rules while handling monkeys

References: nsken, William, Jr., and Donald L. <u>Wass</u>. "Management Time: Who's Got the Monkey?" Horvord Business Review, overhebe-December 1974, 17-36

State:



By this whole analogy the conclusion which emerges is that a manager is imposed by various categories of time allocation where he has only one section of time that is flexible and that is self-imposed time

self-imposed time is further divided This subordinates and himself. The manager needs to minimize the subordinate time by keeping the monkeys on his subordinate's back

As the manager realizes that subordinates should feed empower own monkeys, they try to subordinates first. The managers should also learn to trust his subordinates.

Empowering subordinate's time allows manager with more discretionary or free time which he can according to his requirements and flourish his career.

The ultimate result would be more discretionary time.

Thank you for your time and have a pleasant day.

References:

Main reference material:

Oncken, William, Jr., and Donald L. Wass. "Management Time: Who's Got the Monkey?" *Harvard Business Review*, November-December 1974, 27-36

Other references:

Bruch, Heike, and Sumantra Ghoshal. "Beware the Busy Manager" *Harvard Business Review*, February 2002

Bruch, Heike, and Sumantra Ghoshal. "Reclaim your Job" *Harvard Business Review*, March 2004

APPENDICES

APPENDIX A - The Authors

William Oncken Jr.

William Oncken, Jr. (1912-1988) created the Oncken proprietary training programs including the famous Managing Management Time[™] seminar with his legendary "monkey-on-the-back" analogy. He was born in Buffalo, New York and graduated from Princeton in physics. Prior to and during World War II he worked under Dr. H. D. Smythe on the Manhattan Project, and as a naval officer at the Naval Ordnance Laboratory in Washington DC. At war's end, he interviewed his counterparts in the Japanese military to document their technical advances during the War.

In 1947 he traded in his uniform for a civilian suit and remained at the Pentagon holding a series of high level positions. In 1956 he was recruited away from government by private industry where he was in charge of organizational planning and development for a leading east coast corporation. Mr. Oncken was also a principal member of the staff of Richardson, Bellows, Henry and Company, a New York management consulting firm. He resigned in 1960 to establish his own consulting business. Mr. Oncken was a regular lecturer in general management at leading universities from coast to coast, and was a popular keynote speaker at national conventions. He was also a faculty member of the National University of the Young Presidents Organization.

Through the years, Mr. Oncken wrote many articles that appeared regularly in national and trade periodicals and were widely distributed by universities, corporations, associations and government agencies through their executive training programs. His most highly recognized article, Management Time: Who's Got the Monkey? appeared in the 1974 November/December issue of the Harvard Business Review (in collaboration with Donald Wass).

Source: http://www.onckencorp.com/tribute.htm

Donald L. Wass

Donald L. Wass was born in July 29, 1932 in the United States. He co-authored with William Oncken, Jr., in the article "Management Time: Who's Got the Monkey? "published in the Harvard Business Review (1974). Here, a "monkey" refers to problems passed up the chain of command by subordinates. Over time, many such monkeys may accumulate on your back. An update to the article appears in the same journal, November/December 1999.

Source: http://www.nndb.com/people/257/000172738/

APPENDIX B - The Case

MANAGEMENT TIME: WHO'S GOT THE MONKEY?

William Oncken, Jr. And Donald L. Wass

bosses, peers, and subordinates in return for requests to the manager for active support from their active support-impose some requirements, his peers. just as he imposes upon them some of his own provided lest there be penalties, though not where they are drawing upon his support. always direct or swift. These demands on him constitute so much of the manger's time that successful leadership **Self-imposed time** to do those things, which hinges on his ability to control this "monkey- the manger originates or agrees to do himself. on-the-back" input effectively. Mr. Oncken is A certain portion of this kind of time, however, chairman of the board, "The William Oncken will be taken by his subordinates and is called Company of Texas, Inc.". a management "subordinate imposed time." The remaining consulting firm. Mr. Wass is president of this portion will be his own and is called company.

we shall explore the meaning of management to do in the first place. time as it relates to the interaction between the subordinates.

different kinds of management time.

Boss-imposed time-to accomplish activities which the boss requires and which becomes his major area of concern. the manager cannot disregard without direct and swift penalty.

In any organization, the manager's **System-imposed time**-to accommodate those This assistance must also be

"discretionary time." Self-imposed time is not Why is it that managers are typically subject to penalty since neither the boss nor the running out of time while their subordinates are system can discipline the manager for not typically running out of work? In this article, doing what they did not know he had intended

The management of time necessitates manger and his boss, his own peers, and his that the manager get control over the timing and content of what he does. Since what the Specifically, we shall deal with three boss and the system impose on him is backed up by penalty, he cannot tamper with those those requirements. Thus his self-imposed time

> The manager's strategy is therefore to increase the "discretionary" component of his self-imposed time by minimizing or doing

imposed activities. monkey-on-the back analogy to examine how feeding. subordinate-imposed time comes into being and what the manager can do about it.

Where is the Monkey?

walking down the hall and that he notices one to do for his boss-the manager has accepted a of his subordinates, Mr. A, coming up the responsibility from his sub-ordinate, and the hallway. When they are abreast of one another, manager has promised him a progress report. Mr. A greets the manager with, "Good morning. By the way, we've got a problem. manager does not miss this point, will later You see... As Mr. A continues, the manager stick his head in the manager's office and recognizes in this problem the same two cheerily query, "how's it coming?" (This is characteristics common to all the problems his called "supervision.") subordinates gratuitously bring to his attention. Namely, the manger knows (a) enough to get a working conference with another subordinate, involved, but (b) not enough to make the on- Mr. B, the manager's parting words are, "Fine. the-spot decision expected of him. Eventually, Send me a memo on that." the manager says, "So glad you brought this Let us analyze this one. The monkey is now on he and Mr. A part company.

"monkey"?

away with the "subordinate" component. He parted, on whose back was it? The managers. will then use the added increment to get better Subordinate-imposed time begins the moment control over his boss-imposed and system- a monkey successfully executes a leap from the Most managers spend back of a subordinate to the back of his much more subordinate-imposed time than superior and does not end until the monkey is they even faintly realize. Hence we shall use a returned to its proper owner for care and

In accepting the monkey, the manager has voluntarily assumed a position subordinate to his sub-ordinate. That is, he has allowed Mr. A to make him his subordinate by doing Let us imagine that a manager is two things a subordinate is generally expected

The subordinate, to make sure the

On let us imagine again, in concluding

up. I'm in a rush right now. Meanwhile, let the subordinate's back because the next move me think about it and I'll let you know." Then is his, but it is poised for a leap. Watch that money. Mr. B dutifully writes the requested Let us analyze what has just happened. Before memo and drops it in his out basket. Shortly the two of them met, on whose back was the thereafter, the manager plucks it from his in The subordinate's. After they basket and reads it. Whose move is it now?

soon, he will get a follow-up memo from the together soon to hammer out a set of objectives subordinate (this is another form supervision). The longer the manager delays, initial draft for discussion with you." the more frustrated the subordinate will Let us analyze this one, too. The subordinate become (he'll be "spinning his wheels") and has 'the knew job (by formal assignment) and the more guilty the manager will feel (his the full responsibility (by formal delegation), backlog of subordinate-imposed time will be but the manager has the next move. Until he mounting).

Or suppose once again that at a meeting subordinate will be immobilized. with a third subordinate, Mr. C, the manager agrees to provide all the necessary backing for Why does it all happen? a public relations proposal he had just asked Mr. C to develop. The manager's parting and the subordinate assume at the outset words to him are, "Just let me know how I can wittingly or unwittingly, that the matter under help."

how long? Mr. C realizes that he cannot let the leg, manager "know" until his proposal has the disappears. manager's approval. And from experience, he another acquisition to his menagerie. waiting for him to eventually get to it. Who's from straddling backs in the first place. really got the monkey? Who will be checking whom? Wheel spinning and Who is working for Whom? up on

A fourth subordinate, Mr. D, has just let us suppose that been transferred from another part of the subordinates are so thoughtful and considerate company in order to launch and eventually of the manager's time that they are at pains to

bottlenecking are on their way again.

The manager's. If he does not make that move manager has told him that they should get of for his new job, and that "I will draw up an

makes it, he will have the monkey and the

Because in each instance the manager consideration is a joint problem. The monkey Now let us analyze this. Here the monkey is in each case begins its career astride both their initially on the subordinate's back. But for backs. All it has to do now is move the wrong and presto-the subordinate deftly The manager is thus left with Of also realizes that his proposal will likely be course, monkey can be trained not to move the sitting in the manager's briefcase for weeks wrong leg. But it is easier to prevent them

To make what follows more credible, these same four manage a newly created business venture. The allow no more than three monkeys to leap from sub-ordinate-imposed juggling time "priorities."

his office with the door closed for privacy in sees that if he actually accomplishes during this order to contemplate the situation, while his weekend what he came to accomplish, his subordinates are waiting outside to get a last subordinates morale will go up so sharply that chance before the week-end to remind him that they will each raise the limit on the number of he will have to "fish or cut bait." Imagine what monkeys they will let jump from their backs to they are saying to each other about the manager his. In short, he now sees, with the clarity of a as they wait. "What a bottleneck. He just can't revelation on a mountaintop, that the more he make up his mind. How any-one ever get that gets caught up, the more he will fall behind. high up in our company without being able to He leaves the office with the speed of a man make a decision we'll never know."

cannot make any of these "next moves" is that for in years: a weekend with his family. (This his time is almost entirely eaten up in meeting is one of the many varieties of discretionary his own boss-imposed and system-imposed time.) requirement. To get control of these, he needs discretionary time that is in turn denied him sweet, untroubled slumber, because he has when he is preoccupied with all these monkeys. clear-cut plans for Monday. He is going to get The manager is caught in a vicious circle. But time is a-wasting (an understatement). The exchange, he will get an equal amount of manager calls his secretary on the intercom and discretionary time. Part of which he will spend instructs her to tell his subordinates that he will with his subordinates to see that they learn the be unavailable to see them until Monday difficult but rewarding managerial art called, morning. intending with firm resolve to return to the

each of their backs to his in any one day. In a office tomorrow to get caught up over the five-day week, the manager will have picked weekend. He returns bright and early the next up 60 screaming monkeys-far too many to do day only to see, on the nearest green of the golf anything about individually. So he spends the course across from his office window, a his foursome. Guess who?

That does it. He now knows who is Late Friday afternoon, the manager is in really working for whom. Moreover, he now

running away from a plague. His plan? To get Worst of all, the reason the manager caught up on something else he hasn't had time

Sunday night he enjoys ten hours of rid of his subordinate-imposed time. At 7.00 p.m., he drives home, "The Care and Feeding of Monkeys."

discretionary time left over for getting control waiting for the manager; instead, the manager of the timing and content not only of his boss- will be waiting for the subordinate. imposed time but of his system-imposed time as well. All of this may take months, but is no law against his engaging in a constructive compared with the way things have been the exercise in the interim, the manager strolls by rewards will be enormous. objective is to manage his management time.

Getting Rid of the Monkeys

The manager returns to the office imposed for the subordinate.) Monday morning just late enough to permit his four subordinates to collect in his outer office on his back) and the manager meet at the waiting to see him about their monkeys. He appointed hour the next day, the manager calls them in, one by one. The purpose of each explains the ground rules in words to this interview is to take a monkey, place it on the effect: desk between them, and figure out together how the next move might conceivably be the with this or any other problem will your subordinate's. For certain monkeys, this will problem become my problem. The instant your take some doing. The subordinate's next move problem becomes mine, you will no longer may be so elusive that the manager may have a problem. I cannot help a man who decide-just for now-merely to let the monkey hasn't got a problem." sleep on the subordinate's back overnight and have him return with it at an appointed time the problem will leave this office exactly the way it next morning to continue the joint quest for a came in-on your back. You may ask my help more substantive move by the subordinate. at any appointed time, and we will make a joint (Monkeys sleep just as soundly over-night on determination of what the next move will be subordinates backs as on superiors.)

As each subordinate leaves the office, the sight of a monkey leaving his office on the move turns out to be mine you and I will subordinate's back rewards the manager. For

The manager will also have plenty of the next 24 hours, the subordinate will not be

Later, as if to remind himself that there His ultimate the subordinate's office, sticks his head in the door, and cheerily asks, "How's it coming?" (The time consumed in doing this is discretionary for the manager and boss-

When the subordinate (with the monkey

"At no time while I am helping you

"When this meeting is over, the and which of us will make it."

"In those rare instances where the next

determine it together. I will not make any move alone."

will return-but by appointment only. appointment calendar will assure this.

Transferring Initiative

What we have been driving at in this or to the system. monkey-on-the back analogy is to transfer initiative I has no control over either the timing initiative from manager to subordinate and or content of his boss-imposed or system keep it there. We have tried to highlight a imposed time. He thereby forfeits any right to truism as obvious as it is subtle. Namely, complain about what he is told to do or when before a manager can develop initiative in his he is told to do it. The manager who uses subordinates, he must see to it that they have initiative 2 has control over the timing but not the initiative. Once he takes it back, they will over the content. Initiatives 3, 4 and 5 leave no longer have it and he can kiss his the manager in control of both, with the discretionary time goodbye. It will all revert to greatest control being at level 5. subordinate-imposed time.

Nor can both manager and subordinate subordinates' initiatives, is twofold; first, to effectively have the same initiative at the same outlaw the use of initiatives 1 and 2, thus time. problem," implies this duality and represents, and master "Completed Staff Work"; then, to as noted earlier, a monkey astride two backs, see that for each problem leaving his office which is a very bad way to start a monkey on there is an agreed upon level of initiative Let us, therefore, take a few its career. moments to examine what we prefer to call

"The Anatomy of Managerial Initiative."

There are five degrees of initiative that the manager can exercise in relation to the boss The manager follows this same line of and to the system: (1) wait until told (lowest thought with each subordinate until at about initiative); (2) ask what to do; (3) recommend, 11.00 a.m. he realizes that he has no need to then take resulting action: (4) act, but advise at shut his door. His monkeys are gone. They once; and (5) act on own, then routinely report His (highest initiative).

> Clearly, the manager should be professional enough not to indulge himself in initiatives 1 and 2 in relation either to the boss A manager who uses

The manager's job, in relation to his The opener, "Boss, we've got a giving his subordinates no choice but to learn assigned to it, in addition to the agreed-upon time and place of the next manager-subordinate conference. The latter should be duly noted on the mangers appointment calendar.

Care and Feeding of Monkeys

and fast rules governing the "Care and Feeding" on the manager's back. of Monkeys" (violations of these rules will cost **Concluding Note** discretionary time):

Otherwise, they will starve to death and the for managing management time. The first manager will waste valuable time on order of business is for the manager to enlarge postmortems or attempted resurrections.

below the maximum number the manager has him to use a portion of his newfound time to feed. His subordinates will find time to discretionary time to see to it that each of his work as many monkeys as he finds time to subordinates possesses the initiative without feed, but no more. It shouldn't take more than which he cannot exercise initiative, and then to 5 to 15 minutes to feed a properly prepared see to it that this initiative is in fact taken. The monkey.

Rule 3 Monkeys should be fed by appointment increased discretionary time to get and keep only. The manager should not have to be control of the timing and content of both bosshunting down starving monkeys and feeding imposed and system-imposed time. them on a catch-as-catch-can basis.

Rule 4 Monkeys should be fed face to face or will increase his leverage, which will in turn by telephone, but never by mail. (If by mail, enable him to multiply, without theoretical the next move will be the manager's- limit, the value of each hour that he spends in remember?) Documentation may add to the managing management time. The woods are feeding process, but it cannot take the place of full of them. feeding.

Rule 5 Every monkey should In order to further clarify our analogy assigned" next feeding time" and "degree of between the monkey-on-the-back and the well- initiative." These may be revised at any time known processes of assigning and controlling, by mutual consent, but never allowed to we shall refer briefly to the manager's become vague or indefinite. Otherwise, the appointment schedule, which calls for five hard monkey will either starve to death or wind up

"Get control over the timing and **Rule 1** Monkeys should be fed or short, content of what you do" is appropriate advice discretionary his time by eliminating Rule 2 The monkey population should be kept subordinate-imposed time. The second is for third is for him to use another portion of his

The result of all this is that the manager